

# Weekly Plan

## **Action Steps**

Action steps remain the same each week; do not confuse “busyness” with income producing activities.

- ◆ Repeat your “Steps to Success”
- ◆ Duplicate this system with your new starts
- ◆ Listen to **“Protein Quality”** CD

## Personal

- ◆ Continue with daily e-mail
- ◆ Continue with daily personal growth reading
- ◆ Continue with conference calls
- ◆ Continue with tracking sheet
- ◆ Continue to invite prospects to view [www.yourtimeisnow.net](http://www.yourtimeisnow.net)
- ◆ Continue to set up 3 way conference calls with prospects that want to take a further look after viewing [www.yourtimeisnow.net](http://www.yourtimeisnow.net)

## **Creating a Business Mindset**

- Be committed to a “learning curve”. This business takes time to learn. Realize this is “on the job training” and you will be apprenticing for many months.
- Commit to staying the course- resiliency is the key
- Understand that my control over my business lies in exposing people to the “possibilities” of using my product or joining me in the business and not in their responses.
- Become a student of “myself”. Watch for those things that take you off course and then make course adjustments. Make a note of dream stealers and be determined to not let them slow you down or take you off course!

*The Plumb GNLD Team: Michael T. Plumb*

[www.m-mplumb.com](http://www.m-mplumb.com) | GNLD Nutrition Info: [www.plumblinenutrition.com](http://www.plumblinenutrition.com)  
(707) 280-4498 | Email: [m\\_mplumb@yahoo.com](mailto:m_mplumb@yahoo.com)